

Changing Menu Settings on the Sony HDW-F500 HDCAM

- Press: **Home** Button
- Press: **Set Up** Button
- Press: **F6** (VTR Set Up)
- Using the Arrows: **Scroll to Desired Menu Item**
- Press: **F7** Button (Change Data) **Multiple Times to Change Menu Settings**
- Press: **F10 Twice to Save and Exit**
- Press: **Home** Button